



Social Empowerment Texas Volunteer Opportunities

Data Support and Management: This opportunity can be completed from anywhere - as long as you have a computer. There are several different opportunities to help complete a data project, one at a time. This opportunity can also be done at any time of the day. You can let us know - I have 5 hours in the next week, what can I help with? And I can send you over a project.

Sending Appreciation Letters and/or Birthday Cards: This opportunity will not be ready until later into 2026 as we start really serving a lot of social workers. This would take 1-2 hours a month. We will send you cards/stamps and addresses and ask you to complete appreciation and encouragement letters. This of course is made to be done virtually and can be done at any time of the day!

Marketing Support: So far, we have a FB page but need to create pages on other platforms, need to create content calendars (and create the content!). If you are also marketing savvy, you can help me create a branding and marketing plan and help create marketing materials. Can also be done virtually, and at any time - unless we need to meet to discuss projects, that needs to be during the day time! These projects could be a few hours to ongoing longer term support.

Social Stars: Social Stars is a ongoing long-term opportunity to support and encourage a social worker you are connected to (a social worker who asked for support!) we ask that you reach out to the social worker at least 2x a month and be in relationship with them for at least 1 year. There is training provided and how and when you reach out, is up to you.

Board of Directors: you can find a call for board members [here](#). Board Members go through a new board member process that includes interviews and orientation. You sit on the board for 3 years, go to quarterly meetings, sit on a committee and complete tasks between meetings. The first step would be to submit an application which you can find on the call for members linked above.

Committee Membership: In 2026, we are standing up 3 committees that can use non-board members as members. The Marketing and Development Committee, Finance Committee and

Governance Committee. You can find information about committees at the top of the volunteer application, which is located [here](#).

Advisory Council: will be made up of: current or past social workers in Region 7, parents with experience in the foster care system: biological parents, foster, adoptive or kinship parents and any aged out foster youth. This committee will meet virtually and quarterly and support as advisor rules on the programs and services of the organization. If you meet the criteria above, please send an email to lauren@socialempower.tx.org to schedule time to connect.

Community Volunteers (by locations!): I am looking for a person (or a few!) or a church or community group in a community that is open to supporting events or CPS needs directly in the community, as they come up. Please reach out and let me know what community in Region 7 you like in.

Group Volunteer Opportunities:

Are you connected to a group of children who could use some volunteer hours? We are ALWAYS looking for children to write encouragement and grateful letters to social workers.

No Sew Blankets: can ALWAYS be used to provide to a CPS office for children who need it and/or to be included in gifts for social workers!

Car Kits: Social workers spent a LOT of time in their room. Car kits are great to have to provide to social workers. Car kits include things like: flashlight, journal, pen, snacks and water bottles.

Help with Visitation and Rainbow Rooms: There are 28 CPS offices in Region 7 and a lot of them have visitation rooms and/or rainbow rooms (have diapers, clothes etc. for families). Visitation rooms could use upgrades with paint, toys, books and encouraging signs or murals on the whole. This is a great opportunity for groups to support our work!

Other events: we find ways throughout the year to appreciate Region 7 social workers and we would love for you and your group to be a part of it. These events often serve 30-60 people, including a way to encourage and feed social workers!

Everyone before they start volunteering with the organization will have to sign a conflict of interest policy, confidentiality policy and a use of photo and video consent form that will be sent to you after you complete your application.

If you are interested in taking the next step to volunteer with us, you can submit an application. If you have any questions, reach out to Lauren @ lauren@socialempower.tx.org. Thank you!

[Individual Volunteering Application](#)

[Group Volunteering Application](#)